

SBCCD Police Beat

Campus Alerts

SBVC – Beware of the construction.

CHC – Beware of the construction.

See following pages for additional incidents

April 12, 2012

Volume 2, Issue 1

How to Assist Students in Distress

Many students attending college experience emotional and psychological difficulties that may go unnoticed or ignored. Frequently, students perceive faculty and staff as their primary source of advice and support. This guidance is tendered to assist faculty and staff in dealing with students in distress. Please take a few minutes to acquaint yourself with this important information.

Students in a Serious Mental Health Crisis

A crisis is a situation in which an individual's usual style of coping is no longer effective, and the emotional or physiological response begins to escalate. As emotions intensify, coping becomes less effective, until the person may become disoriented, non-functional, or attempt harm. If a student is in a serious mental health crisis, you might see or hear the following:

- Suicidal statements or suicide attempts
- Homicidal threats, written or verbal, or attempted homicide or assault
- Destruction of property or other criminal acts
- Extreme anxiety resulting in panic reactions
- Inability to communicate (e.g., garbled or slurred speech, disjointed thoughts)
- Loss of contact with reality (e.g., seeing or hearing things that aren't there, expressing beliefs or actions at odds with reality)
- Highly disruptive behavior (e.g., hostility, aggression, violence)

What To Do When You Suspect a Serious Crisis

If you believe there may be imminent danger of harm to a student or someone else, as evidenced by several of these crisis symptoms, immediately call the Police Department.

What You Can Do for a Student in Stress

If you choose to approach a student with whom you are concerned or if a student seeks your assistance, here are some suggestions which might be helpful:

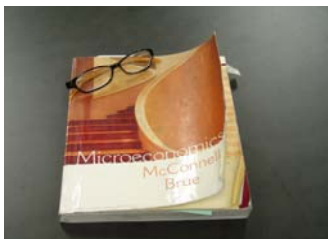
- **Talk to the Student** in private when both of you have time and are not rushed or preoccupied. Give the student your undivided attention. It is possible that just a few minutes of effective listening on your part may be enough to help the student feel comfortable about what to do next.
- **Be direct and non-judgmental.** Express your concern in behavioral, nonjudgmental terms. Be direct and specific. For example, say something like "I've noticed you've been absent for class lately, and I'm concerned," rather than "Why have you missed so much class lately?"
- **Refer.** Point out that help is available and seeking help is a sign of strength. Make some suggestions about places to go for help. Encourage the student to go to the Health Services Center.
- **Follow up.** Following up is an important part of the process. Check with the student later to find out how he or she is doing. Provide support as appropriate.

IMPORTANT INFORMATION

- ♦ In case of emergency call
SBVC (909)384-4491
CHC (909) 389-3275
- ♦ Non-emergency police department phone number SBVC (909) 384-8667/ CHC (909) 389-3276

Found Property

The Police Department is the centralized location for all found property. Please turn in any found items so they can be returned to the rightful owner. You can also call to have found items picked up. If you have lost something feel free to stop by the police department and check if your lost item has been turned in.



For daily incidents reports and other crime information go the Police Web site:

<http://sbccd.org/police>

CHC

Case #	Criminal Offense/Calls for		Location	Date (s)	Time (s)	Disposition
	4/1/12	No Criminal Incidents		4/1/12		
	4/2/12	Vehicle Stop	Campus Drive	4/2/12	6:29pm	Advised
12c-061	4/3/13	Hit and run	Parking Lot I	4/3/12	5:25pm	Report was taken
	4/4/12	Traffic Collision	Parking Lot C	4/4/12	9:49am	Exchanged information
	4/4/12	Vehicle Stop	Campus Drive	4/4/12	2:20pm	Advised
12c-062	4/5/12	Suspicious Person	Gym	4/5/12	7:48am	Unable to locate
12c-063	4/5/12	Suspicious Person	Parking Lot D	4/5/12	11:19am	Arrested-warrant
	4/6/12	No Criminal Incidents		4/6/12		
	4/7/12	No Criminal Incidents		4/7/12		
	4/8/12	No Criminal Incidents		4/8/12		
	4/9/12	Medical Aid	Behind PAC	4/9/12	10:20am	Unfounded
	4/9/12	Disturbance	Station	4/4/12	11:01am	Extra Patrol
	4/9/12	Hit and run	Campus Drive	3/30/12	12:36pm	No report desired
12c-064	4/9/12	Disturbance	BC Building	4/9/12	5:44pm	Arrested
12c-065	4/10/12	Suspicious Persons	Parking Lot D	4/10/12	9:53am	Cited - H & S
12c-066	4/10/12	Hit and run	Parking Lot H	4/10/12	4:46pm	Cited
12c-067	4/10/12	Traffic stop	Campus Drive	4/10/12	6:43pm	Cited
12c-068	4/11/12	Abandoned Vehicle	Parking Lot I	4/11/12	5:42am	Vehicle towed
12c-069	4/11/12	Vehicle Stop	Sand Canyon Rd	4/11/12	4:10pm	Arrested-warrant
12c-070	4/12/12	Hit and Run	CDC parking lot	4/12/12	11:07am	Report Taken
12c-071	4/12/12	Possible Suicidal subject	Station	4/12/12	1:16pm	Taken for Evaluation

EDCT

[illegible]

Annual Security Report available at <http://sbccd.org/asr2011>

S B V C

Case #	Reported	Criminal Offense/Calls for Serv	Location	Date (s)	Time (s)	Disposition
12-167	4/1/12	Vehicle Stop	Grant/Mt Vernon	4/1/12	2:40pm	Cited
	4/2/12	Suspicious Subject	Baseball Field	4/2/12	1:52pm	Advised
	4/2/12	Person digging in trash	North Hall	4/2/12	3:25pm	Advised
	4/2/12	Vehicle Stop	Mt. Vernon	4/2/12	8:16pm	Advised
12-169	4/3/12	Suspicious Subject	North Hall	4/3/12	8:21pm	Cited
12-170	4/4/12	Petty theft	Art Building	4/4/12	9:45am	Report taken
	4/4/12	Skateboard on campus	Health & Life Sci	4/4/12	9:50am	Advised
12-171	4/4/12	Medical Aid	Art Building	4/4/12	7:22pm	Report taken
	4/4/12	Suspicious Subject	Auditorium	4/4/12	9:23pm	Advised
12-172	4/5/12	Suspended Student	Auditorium	4/5/12	1:47pm	Student Arrested
12-173	4/5/12	Vandalism	Art Building	4/5/12	2:30pm	Report taken
12-174	4/5/12	Vandalism	Art Building	4/5/13	5:00pm	Report taken
	4/5/12	Suspicious Person	Child Dev Cen-ter	4/5/12	5:45pm	Advised
	4/5/12	Pedestrian Check	Auditorium	4/5/12	9:53pm	Advised
	4/6/12	Emergency Phone Hang-up	North Hall	4/6/12	8:07am	Area checked clear
12-175	4/6/12	Vandalism	Art Building	4/6/12	9:43am	Report taken
	4/6/12	Suspicious Subject	Mission Drive	4/6/12	10:29am	Unfounded
	4/6/12	Petty theft	Police Station	4/6/12	3:32pm	Report taken
12-180	4/6/12	Vandalism	Snyder Gym	4/6/12	7:29pm	Report taken
	4/7/12	No criminal incidents		4/7/12		
	4/8/12	No criminal incidents		4/8/12		
	4/9/12	No criminal incidents		4/9/12		
12-179	4/10/12	Suspicious Person	Parking Lot #5	4/10/12	7:19am	Cited

Annual Security Report available at <http://valleycollege.org/asr2011>

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12-181	4/10/12	Petty theft	Technical Bldg	4/10/12	8:14am	Report taken
12-182	4/10/12	Disturbance	ADSS	4/10/12	10:30am	Report taken
12-183	4/10/12	Female accosted	Parking Lot #10	4/10/12	12:00pm	Report taken
12-184	4/10/12	Disturbance	ADSS	4/10/12	4:32pm	Subject arrested
12-185	4/10/12	Vandalism	Health & Life Sci	4/10/12	8:10pm	Report taken
12-186	4/10/12	Traffic stop	Mt. Vernon	4/10/12	8:13pm	Cited
12-187	4/10/12	Vandalism	Physical Science	4/10/12	8:30pm	Report taken
12-188	4/10/12	Vandalism	Physical Science	4/10/12	8:56pm	Report taken
12-189	4/10/12	Vandalism	Art/Tech Bldg	4/10/12	10:00pm	Report taken
12-190	4/11/12	Medical Aid	Physical Science	4/11/12	10:35am	Student declined
12-191	4/11/12	Disturbance	Parking Lot #8	4/11/12	1:18pm	Report taken
12-192	4/11/12	Vandalism	Physical Science	4/11/12	8:04pm	Report taken
	4/12/12	Disturbance	Library	4/12/12	11:11am	Advised
	4/12/12	Suspicious Person	Liberal Arts	4/12/12	4:06pm	Advised
12-194	4/12/12	Disturbance	Liberal Arts	4/11/12	4:08pm	Report Taken
12-195	4/12/12	Possible Theft	Station	4/12/12	7:15pm	Report Taken
	4/12/12	Traffic Stop	Mission Drive	4/12/12	7:58pm	Advised
12-196	4/12/12	Vehicle Check	Grant Ave,	4/12/12	8:27pm	Stolen vehicle recovered
12-197	4/12/12	Vandalism	Physical Science	4/12/12	9:54pm	Report Taken